

Ely & District Cycling Club Open 10 Mile Time Trial.
Saturday 23rd August 2008

Promoted for & on behalf of Cycling Time Trials under their Rules & Regulations.

Organiser. Martin Holland (martin@holland584.fsnet.co.uk)
 5 Hereward Close,
 Aldreth,
 Ely, Cambs,
 CB6 3NZ.

Timekeepers. Mr. Brian Cooper & Mr Mike Wiseman.

Headquarters Mepal Sports Pavilion, Turn into Mepal Village from A142, take 1st right, Pavilion is approx 100 yards on left.

Course- B10/1

START in Mepal access road, 3rd lamp post from the A142 junction. Turn left onto A142, proceed to Sutton roundabout. Take second exit & continue along A142 to TURN at the Lancaster Way roundabout. Take 4th exit onto A142 to Sutton roundabout, take 2nd exit to Finish at Gateway on left where road straightens.

Continue past finish & turn right into Mepal Village, & back to headquarters. Please no stopping on the A142.

<u>No.</u>	<u>Name</u>	<u>Club</u>	<u>Cat</u>	<u>Std</u>	<u>Time off</u>
	<u>Tandem</u>				
1	Alan Newark	Planet X	V		
2	Ron Back	West Suffolk Wheelers	V		14.02
	<u>Solo</u>				
4	Albert Gravenor	Unity CC	V	33.02	14.04
5	Geoff Bateman	Anglia Velo – Exel, Cycletech, Everett Electrical	V	28.38	14.05
6	Peter Hopkins	Ickniel RC – Compomotive Wheels	V	30.30	14.05
7	Chris Rimes	Fenland Clarion			14.07
8	Andrew Blower	Cambridge CC			14.08
9	Celia Whitechurch	Ely & District CC	LV	30.16	14.09
10	Martin Pyne	Anglia Velo – Exel, Cycletech, Everett Electrical	V	27.46	14.10
11	Paul Davis	St Ives CC – Plastrubution, Richardsons Cycles	V	25.54	14.11
12	Ron Moat	Doncaster Wheelers CC	V	30.45	14.12
13	Steve Rush	Tri-Anglia	V	26.18	14.13
14	Ben Struthers	Lindsey Roads CC	Juv		14.14
15	Jason Nixon	Kings Lynn CC			14.15
16	Ken Smith	Welwyn Wheelers	V	29.48	14.16
17	Peter Baumber	Cambridge CC	V	3.06	14.17
18	Alex Fry	Welland Valley CC			14.18
19	Brian Charmley	Peterborough CC	V	29.34	14.19
20	James Struthers	Lindsey Roads CC			14.20
21	Duncan Murphy	Cambridge CC			14.21
22	Trevor Kimber	Team Cambridge	V	26.54	14.22
23	Michael Fry	Glendene CC	V	26.54	14.23

24	Keith Kinsey	Fenland Clarion CC	V	33.02	14.24
25	Andy Stuart	VC St Raphael – Waite Contracts, Hewit Cycles			14.25
26	Colin Whitechurch	Ely & District CC	V	28.25	14.26
27	Phil Hollingsworth	East Anglian CC	V	29.34	14.27
28	David Saunders	Fenland Clarion CC	V	30.45	14.28
29	Andrew Darley	Ely & District CC	V	25.54	14.29
30	James Eman	Anglia Velo – Exel, Cycletech, Everett Electrical			14.30
31	Jim Jones	Oundle Velo Club	V	32.30	14.31
32	Andy Clewley	Fat Birds	V	25.30	14.32
33	Robin Day	Bourne Wheelers – Be-Well	V	30.16	14.33
34	Andrew Clarke	Cambridge CC	V	26.06	14.34
35	Guy Stevens	East Anglian CC	V	27.20	14.35
36	Timothy Finch	Norwich ABC	Jun		14.36
37	Derek Bailey	Ely & District CC	V	31.30	14.37
38	Hywel Jones	Cambridge CC			14.38
39	Ted Jackson	Haverhill Wheelers	V	32.30	14.39
40	Ian Cammish	Planet X	V	27.46	14.40
41	Geoff Muller	CC Breckland	V	27.33	14.41
42	Ron Hallam	South Pennine RC	V	34.06	14.42
43	Chris Hartley	North Bucks RC	V	27.46	14.43
44	Roger Selmes	Wolsey RC	V	30.02	14.44
45	Rich Berry	RAF CC			14.45

Please note that you must sign on in the Headquarters when you collect your number

East District Regulations.

U- turns will not be permitted on the course or roads adjacent to the start & finish While a race is in progress.

Note: Any breaking of this regulation in the first case will mean disqualification from the event. Further cases will be referred to the District Committee.

Definition: A U- turn is defined as a 180 degree turn completed within the Highway whilst astride the machine.

(it is recommended that the rider should dismount, check the road is clear in both directions, then walk the machine across the road)

Numbers will be at the Headquarters, not at the start.

All competitors under the age of 18 and/or Juniors must wear a properly affixed helmet which must be of hard/soft shell construction, conforming to a recognized standard such as SNELL B95, ANSIZ90.4, AUS/NZS2063;96, DIN33-954, CPSC or EN1078.

It is the responsibility of the rider (or parent or guardian if the rider is under 18 years of age) to:

- Select a helmet that offers protection against head injury & does not restrict the rider's vision or hearing.
- Ensure that the helmet is properly fitted, is undamaged & in good condition.

In the interests of your own safety, Cycling Time Trials & the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

The East District Committee recommend that competitors should fit a rear LED light to enhance visibility to other road users.

Prizes

1 st	£20.00	1 st vet on std.	£20.00
2 nd	£15.00	2 nd vet on std	£15.00
3 rd	£10.00	3 rd vet on std	£10.00
4 th	£5.00	4 th vet on std	£5.00

team of 3 £30.00

1 st Tandem	£10.00	1 st Lady	£5.00
1 st Jun	£5.00	1 st Juv	£5.00

Prizes, one per rider (except team), will be sent with the result sheets